

## **IMPORTANT NOTICE:**

Although we have implemented careful procedures, there is always a possibility of traces of allergenic ingredients being present in any products used in the kitchen. We cannot therefore guarantee that a dish is completely free from any allergens.

If you do have any specific food allergies or an intolerance to any foods we ask that you to speak to our Restaurant Manager, so that we can provide you with a more detailed menu, with information regarding possible allergens.

On this menu we detail only the main ones with nuts (N) and gluten (G). Vegetarian dishes are marked (V)

All weights referred to are approximate - uncooked. All fish dishes may contain bones and all items are subject to availability.

All prices are inclusive of IVA (VAT) at the prevailing rate.

**Smoking is not allowed in the restaurant and bar. Cigars and pipes are not permitted in any part of the restaurant and terrace areas.**

**Although terrace areas are outside please consider other guests and refrain from smoking at the table if others nearby are eating.**

## Snacks – 12.00–22.00

### Cold green soup

Avocado, spinach, celery, basil, cucumber, green apple  
Pumpkin and sunflower seeds. €5.60

## Salads

### Funcho

Fennel, cranberry, lime juice, rocket, cherry tomato  
Lemon, olive oil and black pepper vinaigrette (Vegan) €10.20  
Add halloumi (V) €13.80

### Quinoa

Quinoa, vegetable julienne, cherry tomato,  
feta cheese, coriander  
Lime, olive oil, clove and honey vinaigrette (V) €12.50  
Without cheese (Vegan) €10.50

### Camarão e abacate

Prawns, green leaves, avocado, crispy bacon pieces  
Mayonnaise and mustard vinaigrette €13.50

### Tropical

Prawns, melon, papaya, mango  
Lemon and mint dressing €14.50

### Prato do Mar

Prawns, smoked salmon, gravlax, marinated herring,  
smoked salmon tartare,  
potato salad with salmon caviar, dressed salad  
Two sauces: Dijon mustard with dill, cocktail €17.00

### Camarão crocante (G)

Crispy prawns, mixed leaves, mango,  
cherry tomato, crispy pancetta  
Sweet chilli, ginger and balsamic vinaigrette €12.00

### **Niçoise**

Fresh tuna, tomato,  
green beans, potato,  
red onion, egg,  
olives, coriander, oregano  
Anchovy vinaigrette €14.30

### **Salmon**

Warm poached salmon,  
mixed leaves, asparagus  
and mango  
Greek yoghurt, avocado,  
coriander and lime juice €14.00

### **Chef's Salad**

Chicken, cheese, ham, lettuce, boiled egg,  
tomato, peach, vinaigrette €12.20

### **Tailandesa <sup>(N)</sup>**

Chicken, mushroom, sun-dried  
tomatoes, radish, bean sprouts,  
courgette, aubergine,  
mixed leaves, cashew nuts  
Sweet chilli and coriander vinaigrette €13.20

### **Beterraba – Beetroot (V)**

Fresh beetroot, corn, watercress,  
fried rice, feta cheese and egg €10.00

### **Salmon poke**

Marinated salmon, quinoa, red cabbage,  
cucumber, sesame seeds  
Soya dressing €13.00

## **Nibblings**

### **Prawn Croquettes (G)**

Chilli, lime, ginger, mango and coriander dip €11.00

### **Chicken Wings**

Plain or with a chilli or blue cheese dip €10.70

### **Chicken Goujons (G) (N)**

Crispy chicken strips in panko

Curry dip €10.30

*All nibblings are served with French fried potatoes or salad.*

## **Sandwiches (G)**

*Served in a baguette or hot panini*

Ham and cheese €8.10

Tuna, onion, tomato, mayonnaise €10.20

Grilled chicken, coriander,  
cheddar cheese, avocado €10.10

Grilled steak, Béarnaise sauce €13.50

*All sandwiches are served with French fried potatoes or salad.*

## **The Four Seasons Special Sandwiches (G)**

### **Traditional Club**

Chicken, ham, bacon, tomato,  
lettuce, egg, mayonnaise €13.00

### **Vegetarian club (V)**

Avocado, aubergine, lettuce, carrot, spinach,  
cucumber, tomato, egg, mayonnaise €10.80

### **Salmon club**

Smoked salmon, avocado, fennel,  
Rocket, gherkin, capers,  
Mayonnaise and Dijon mustard €12.80

### **Prawn**

Open sandwich with prawn, guacamole, lime, cherry tomato,  
crispy onion, cocktail sauce €10.80

*All sandwiches are served with French fried potatoes or salad.*

## **Wraps (G)**

Mozarella, tomato, chicory, red lettuce  
Pesto with basil (V) (N) €10.00

Prawn, mango, red chilli, lettuce  
Cocktail sauce €11.00

Grilled chicken, bacon, coriander, baby spinach,  
avocado, lettuce,  
Mayonnaise €10.00

Beef, cucumber, lettuce, red lettuce, carrot  
Grain mustard mayonnaise and oregano €13.00

*All wraps are served with French fried potatoes or salad.*

## **Hamburgers (G)**

### **Beef (180 grms. / 6.30 oz.)**

<i>Plain</i>	€9.60
<i>Sliced tomato and lettuce</i>	€10.20
<i>Cheese</i>	€11.00
<i>Bacon, cheese and caramelized red onion</i>	€11.50
<i>Hot Dog</i>	€8.80
<i>Portion of chips</i>	€3.20

*All hamburgers and the Hot Dog are served with French fried potatoes or salad.*